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**COMING SOON...**

Thanks to "The Idea Center"

**[prisonhealinggarden.org](http://prisonhealinggarden.org)**

ASIAN PACIFIC FAMILY  
HEALING & RESTORATIVE GARDEN  
AT THE OREGON STATE PENITENTIARY



**NOW UNDER CONSTRUCTION!!**



*"Green Energy" Japanese Healing Garden*

**CONTACT US @**

**Oregon State Penitentiary**

OSP Activities ~ Asian Club

2605 State Street

Salem, Oregon 97310

Patrice Lans, OSP Activities Staff Advisor

EMAIL >> [Patrice.S.Lans@doc.state.or.us](mailto:Patrice.S.Lans@doc.state.or.us) <<

**Asian Pacific Family Club**

AIC ~ Toshio Takanobu, President

AIC ~ Johnny Cofer, Garden Project Manager

AIC ~ Jimmy Kashi, Vice President

AIC ~ Walter Taitanfong, Secretary

AIC ~ Scott Bitter, Facilitator

**Kurusu International LLC.**

[www.kurusu.com](http://www.kurusu.com)

Hoichi Kurisu, President & Principal Designer

Katherine Hartner, Admin. Project Coordinator

[katherine@kurusu.com](mailto:katherine@kurusu.com)

Michiko Kurisu, Public Relations

[michiko@kurusu.com](mailto:michiko@kurusu.com)

**NAKASEC Partners**

<http://www.nakasec.org>

Becky Belcore, Co-Director NAKASEC

[becky@nakasec.org](mailto:becky@nakasec.org)

Karn Saetang, Lead Organizer

[karnsaetang@gmail.com](mailto:karnsaetang@gmail.com)

**Community Organizers**

Pam Wasson, Oregon Symphony Salem

[pambwasson@gmail.com](mailto:pambwasson@gmail.com)

Prof. Melissa Michaux, Willamette University

[mbuis@willamette.edu](mailto:mbuis@willamette.edu)

Margaret Bagley, Philanthropist

[bagleyb@aol.com](mailto:bagleyb@aol.com)

Maren Souders, Dream Into Change

[marensouders@dreamintochange.com](mailto:marensouders@dreamintochange.com)

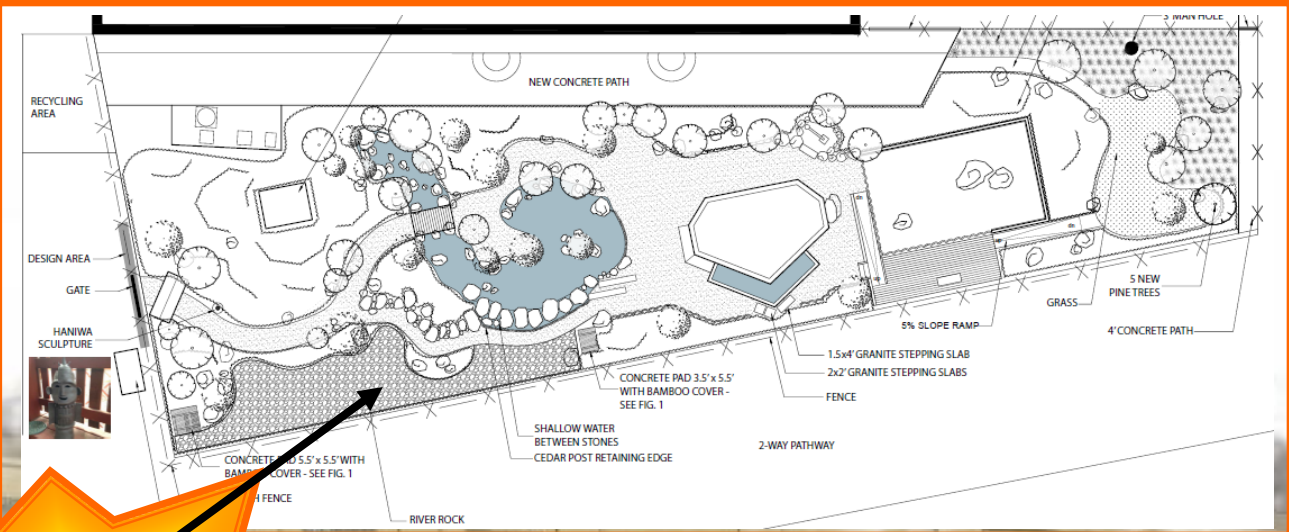
Sheryl Dawson, Communications

[dawanddaw@gmail.com](mailto:dawanddaw@gmail.com)





# MEMORIAL HEALING GARDEN



**NEW EXPANDED DESIGN!!**





# ASIAN PACIFIC FAMILY CLUB

AT THE  
OREGON STATE PENITENTIARY



Club Motto: *Diminishing Boundaries & Overcoming Differences*

## ABOUT US:

The Asian Pacific Family is a self-funded club based at Oregon State Penitentiary. APFC was founded in 1998 and officially became a club in 2001. With grace, elegance, and gentle awareness we strive to exemplify the Asian & Pacific Islander cultural heritages with respectful humility in service to people of all cultures within and beyond.

## OUR MISSION:

The mission of the club is to create opportunities to learn, educate, and celebrate our diverse Asian & Pacific Islander heritages; foster programs that will help adults in custody gain skills and tools to effectively reintegrate into society; rebuild community relations through involvement in various charity efforts and special cultural events; discover ways to grow as a club while continuing to focus on restoration, environmental and social awareness, and cultural connectivity.

Our hope is that through our hard work and strong determination, we will discover profound ways toward value re-identification, work to restore the harms of our past, and set forth on a path of transformation.

## WHAT WE DO:

- ~ APF Club consists five Executives and 120 general body club members of all races and cultures.
- ~ Self-funded through annual institution Asian & Islander food fundraising event; this provides the adults in custody an opportunity to taste and enjoy Asian Islander cuisine.
  - ~ APF Club offers free Asian language courses to its club members.
- ~ APF Club sponsors a free Art Program where members can learn to paint; all art created is gifted to our partners and sponsors, or donated to the community.
  - ~ 90% of all money raised each year goes to various charities, to support Arts & Language Education Programs, and annual special cultural events.

## SEEKING:

- ~ We are seeking partnerships and sponsors in the community to assist us by donating their time, expertise, and financial support.

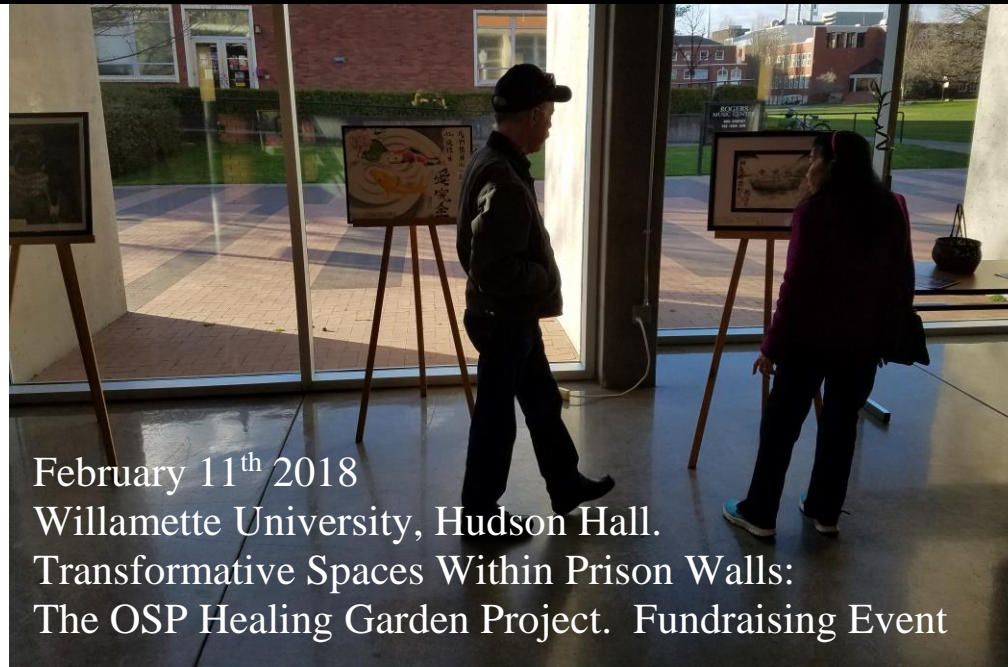
**CLICK TO HELP SUPPORT OUR CLUB**

>>[nakasec.org/garden](http://nakasec.org/garden)<<



# ART PROGRAM

The APFC Art Program is an educational program that creates original works of art, which are donated, gifted, or sold to support the program.



February 11<sup>th</sup> 2018  
Willamette University, Hudson Hall.  
Transformative Spaces Within Prison Walls:  
The OSP Healing Garden Project. Fundraising Event



<http://willamettecollegian.com/main/help-grant-inmates-peace-by-healing-garden/>

Please contact us via email if you would like  
to help support this program:  
[Patrice.S.Lans@doc.state.or.us](mailto:Patrice.S.Lans@doc.state.or.us)





# MUSIC PROGRAM

The APFC Music Program is an educational program that provides an opportunity for members to learn about music, including how to read music and play instruments. This program is made possible thanks to the generous support and donations of instruments and resources from community sponsors.



If you would like to help support this program, please contact us via email:  
[Patrice.S.Lans@doc.state.or.us](mailto:Patrice.S.Lans@doc.state.or.us)



# THE VISIONARIES

Unfortunately, sometimes what sells is what seems to matter most. When programs like “Locked Up” and “Hard Time” use fear and intimidation to capture viewers and drive up ratings, ultimately this causes more harm than good. Currently there are more than 2.5 million people incarcerated in the United States. It is true prison environments are typically sterile, stressful, and greatly overcrowded.

Taking a closer look, there is hope...

Asian Club members at OSP proposed an unlikely and creative way to transform their own environment. Lacking Internet access, members studied garden design books purchased by themselves, and donated by community supporters. The new project team built a small garden plan from stones, sticks, and cardboard to illustrate their vision. They learned about nature’s positive impact on mental health including reduced levels of anxiety, depression, and aggression, as well as increased feelings of empathy and self-worth. During the research, the team was fortunate to connect with Hoichi Kurisu who met with club members at OSP to help translate their vision into a realistic and beautiful design. Working closely together during project planning taught them about empathy and provided them with valuable skills that they can use for life after prison. Together they found meaningful purpose.

After 3 years of research and development by the project team, which included, assistance from staff, patient and tireless support from community members, as well as 3 in-kind designs from Hoichi Kurisu, the project has the approval and complete support of the OSP Administration.

We are honored to say the project team has grown significantly to include generous and talented members of the Portland and Salem communities.

Fundraising efforts are focused on community building, grant writing, and grass roots efforts, both inside and outside the prison walls.



**SEE US ON Channel 2 News (KATU)**  
<http://katu.com/news/local/inmates-hope-to-bring-japanese-garden-to-oregon-state-penitentiary>

## The Visionary Team:

**Toshio Takanobu (APFC President),**

**Patrice Lans (Staff Advisor),**

**Michiko Kurisu (Marketing),**

**Kevin O’Hara (OSP Vets President),**

**Hoichi Kurisu (Designer & Builder),**

**Johnny Cofer (Project Manager),**

**Scott Bitter (APFC Facilitator)**





# (栗栖宝)Hoichi Kurisu, Principal Designer

President and Founder of Kurisu International, Inc., Hoichi Kurisu studied landscape and construction under distinguished designer Kenzo Ogata in Tokyo, Japan. From 1972, Hoichi served as Landscape Director for the Japanese Garden Society, and supervised the construction of the Portland Japanese Gardens.

In 1972, Hoichi founded Kurisu International, Inc., a landscape design/build firm. His unique gardens create "inner space" for inspiration and healing. Kurisu believes in the restorative powers of nature and the necessity of natural encounters for lasting healing of minds, bodies, and communities. In pursuit of this mission, Kurisu has established a reputation for gardens of the highest quality and has completed projects across the United States and internationally.



## What is a Restorative Garden?

While the specific elements of restorative gardens vary widely depending on the populations they are intended to serve, the essence of restorative gardens is to promote healing and rejuvenation through immersion in Nature. Restorative gardens provide positive distraction and sensory engineering that stimulates a full range of senses including hearing, touch, taste, smell and memory through exposure to natural elements. Restorative gardens are healing gardens. They are evidence-based designs supported by rigorous scientific studies that reawaken the connection between people and Nature - between ourselves and the larger, timeless cycles of change and regeneration.

Email Kurisu at [info@kurisu.com](mailto:info@kurisu.com) or call 503.244.5137

SEE MORE @ [www.kurisu.com](http://www.kurisu.com)

Kurisu's gardens bring balance to hearts and minds by providing exceptional spaces in which to engage with nature. Our designs harmonize the elements by emphasizing the relationship of open areas to intimate places, light to shade, and space to our senses.

*"To create restorative experiences which demonstrate the necessity of natural places to physical, mental, and social wellbeing."*

*"See with your ears and hear with your eyes." ~H.K.*

## Who does this Benefit?

**EVERYONE. Corrections staff, Adults in Custody, and the Community.**

**"We believe, and research has shown that there is a direct correlation between human wellness and nature. By creating an opportunity for one to reconnect with nature helps to foster a platform of emotional and spiritual wellness. This will serve to enhance one's potential for internal growth and development." OSP Asian Club**

# Please Continue To Visit Us Here To Track And View Our Progress

Thanks to the men of OSP, the Project  
Team broke all records, collecting  
more than \$3000 in 3 days!!!

August 7<sup>th</sup>, 2017

CLICK TO DONATE  
[nakasec.org/garden](http://nakasec.org/garden)

All Donations are  
Appreciated!!!  
**\$1.00**  
Donations Help Us  
Reach Our Goal

## MORE TO SEE...

Click to **SEE & HEAR** more...  
**Channel 2 News (KATU)**

<http://katu.com/news/local/inmates-hope-to-bring-japanese-garden-to-oregon-state-penitentiary>

**Oregon Public Broadcasting ~ article & radio**

<http://www.opb.org/news/article/oregon-prison-healing-garden-state-penitentiary/>

**The Oregonian ~ article & video**

[http://www.oregonlive.com/pacific-northwest-news/index.ssf/2017/09/inmates\\_push\\_for\\_healing\\_garde.html](http://www.oregonlive.com/pacific-northwest-news/index.ssf/2017/09/inmates_push_for_healing_garde.html)



# *Gardens of Vision ... For lives of Insight*

**Because of the kind and generous support from the Kurisu Family,  
this project has transformed from a simple idea,  
to an amazing & beautiful reality.**



ZEN-STYLE GARDEN

**“From Deprivation Comes Inspiration” ~ Hoichi Kurisu**

**Portland Japanese Garden**

**<https://japanesegarden.org/2018/03/07/hoichi-kurisu-deprivation-comes-inspiration/>**

**The creation and construction of this project provides adults in custody a wide range of educational opportunities, in areas like:**

- *Project design and development*
- *Community outreach and fundraising*
- *Arts and culture; Japanese Gardens*
- *Landscaping and pond construction*
- *Solar panel installation and usage*
- *Environmental Stewardship*
- *Cooperative and pro-social values*



# Great News Everyone!!

## These Grants were Awarded to the Project:



([www.socialjusticefund.org](http://www.socialjusticefund.org))

July 19<sup>th</sup>, 2017

Dear Asian Pacific Family Club:

Congratulations! Your organization, Asian Pacific Family Club has been awarded a grant from Social Justice Fund NW's Environmental Justice Giving Project in the amount of \$19,622.

**Grant Purpose:** the goal of creating a restorative healing space within the penitentiary walls where inmates can go to meditate, reflect, and heal.

This gift was made from:

**Social Justice Fund NW's  
Environmental Justice Giving Project  
(\$19,622)**

The Asian Club is honored and grateful to Social Justice Fund NW and the SJF Environmental Justice Giving Project, Dianne Riley, Melody Martinez, Emily Chu, Lydia Chun, Mark Eaton, Rachel Kudrna, NAKASEC, Becky Belcore, Karn Saetang, Pam Wasson, and Melissa Michaux.

**We did it together! #Community**



THE OREGON  
COMMUNITY  
FOUNDATION

*Here for Oregon. Here for Good.*

([www.oregoncf.org](http://www.oregoncf.org))

November 14<sup>th</sup>, 2017

Dear Asian Pacific Family Club:

Congratulations! We are pleased to inform you that a grant in the amount of \$30,000 was approved for your organization by OCF's board of directors on November 2<sup>nd</sup>, 2017.

**Grant Purpose:** to work with incarcerated and their community supporters in improving mental health by constructing a restorative and therapeutic healing garden inside Oregon State Penitentiary.

This gift was made from:

**The Louise Minty Fund  
The Oregon Community Foundation  
(\$30,000)**

The Asian Club is honored and grateful to Louise Minty, The Oregon Community Foundation, Roberto Franco, NAKASEC, Becky Belcore, Karn Saetang, Pam Wasson, and Melissa Michaux.

**We did it together! #Community**

ADDITIONAL  
ORGANIZATIONAL  
GRANTS & DONATIONS



KURISU  
International

([www.kurisu.com](http://www.kurisu.com))

**(\$100,000+)**

SALEM LEADERSHIP FOUNDATION

([www.salemlf.org](http://www.salemlf.org))

**(\$500)**



Bridgeway  
Freedom Through Recovery

([www.bridgewayrecovery.com](http://www.bridgewayrecovery.com))

**(\$250)**





April 23<sup>rd</sup>, 2018

Dear Asian Pacific Family Club,

**See more ON Channel 2 News (KATU)**

**<http://katu.com/news/local/inmates-hope-to-bring-japanese-garden-to-oregon-state-penitentiary>**

***Congratulations!*** You have been awarded a grant in the amount of \$35,000 for your OSP Memorial Healing Garden. On behalf of SMCF and the Confederated Tribes of Grand Ronde, we thank you for your important work and look forward to working with you.

**(\$35,000)**

The Asian Pacific Family Club is tremendously honored and grateful to the Spirit Mountain Community Fund and the Confederated Tribes of Grand Ronde for their generous gift to the Asian Pacific Family Club, Memorial Healing Garden Project.

*Special Thanks* to Spirit Mountain Community Fund: Chairman Sho Dozono, Executive Director Mychal Cherry, Angela Sears, and Roger Martin.

*Special Thanks* also to APFC Partners at NAKASEC: Becky Belcore, And Community Organizer & Grant Writer Karn Saetang

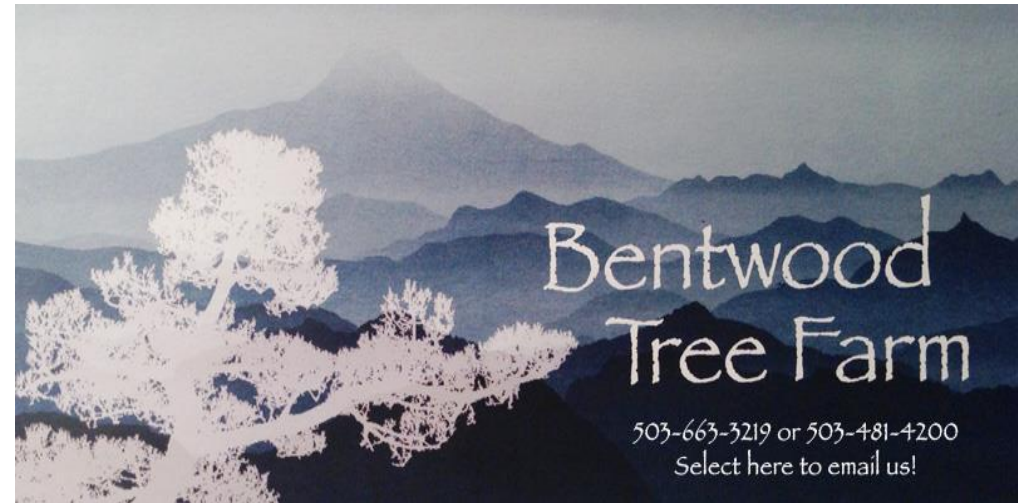
**We did it together! #Community**



***Very Special Thanks*** to our friends and partners at Bentwood Tree Farm, Tom and Laura Dufala for bringing life to the garden with their kind & generous donation of beautiful Japanese Pine trees.

Hoichi Kurisu visited the farm in February 2018 to hand select the trees for the OSP Healing Garden.

[info@bentwoodtreefarm.com](mailto:info@bentwoodtreefarm.com)





# Community Events Calendar

## Making Music - Planting Peace

*A Benefit Concert for the Japanese Healing Garden  
inside the Oregon State Penitentiary*

Sunday, August 5 at 3:00 pm  
Unitarian Universalist Congregation of Salem



Masumi Timson  
(Koto)



Yumi Torimaru  
(Shamisen/  
Bamboo Flute/  
Taiko)



Kohgetsu Aoki  
(Vocalist)



Loraine Stuart  
(Piano)



**Join us Sunday, August 5 at 3:00 pm**  
**Unitarian Universalist Congregation of Salem**

for an afternoon of traditional and contemporary Japanese music  
with an “East Meets West” piano accompaniment  
and an enlightening discussion on nature’s positive impact on the human spirit

**\$10 Suggested Donation**  
**Refreshments and Q & A Following the Concert**

**Three Speakers will discuss the Healing Garden to be built inside OSP:**

**Rev. Richard Davis**, UUCS minister and practitioner of Zen meditation: - Nature’s power to heal; the impact of green spaces in prisons

**Willamette Prof. Melissa Michaux** (Politics, Law & Ethics):- The need for restorative approaches to prison reform

**Former OSP lifer Trevor Walraven**: - His personal journey of transformation and redemption

**Sponsored by the UUCS Social Justice in Action Team**



**UNITARIAN UNIVERSALIST CONGREGATION OF SALEM**

5090 Center St NE, Salem, OR 97317

503.364.0932 · [uusalem.org](http://uusalem.org)

*Diverse people. Diverse beliefs. One Community.*

# Community Event News & Pictures



**September 29<sup>th</sup>, 2018...** Salem Community Partners: Pam Wasson, Professor Melissa Michaux, and Margaret Bagley hosted a Healing Garden Project event at Tokyo International University Japanese Garden Conference room.



In attendance were local community members, and Oregon Department of Corrections Administration, including OSP Superintendent, Brandon Kelly. (B. Kelly pictured with Margaret Bagley, philanthropist)







# Transformative Spaces Within Prison Walls: The OSP Healing Garden Project

On February 11th 2018, Community Organizers including Professors, students, and community activists hosted an event to help raise awareness and funds for the OSP Healing Garden Project at Willamette University's beautiful Hudson Hall.

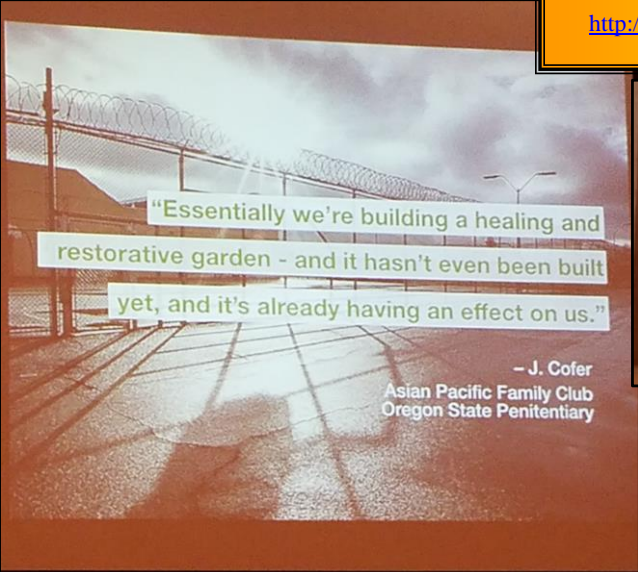
~Keynote speakers included Associate Professor Melissa Michaux, former OSP inmate Trevor Walraven, and Healing Garden designer Hoichi Kurisu.

Melissa Michaux spoke about mass incarceration in the US and what she learned when she began volunteering at OSP. "What I am going to tell you next is what I learned at OSP, where I have been a volunteer since the spring of 2015. I learned – that the totality of a person is not the worst thing he ever did. In some ways, this is a hard lesson and a reassuring one all at once." said Melissa. She teaches restorative justice classes at OSP and has been working with the Project team to raise funds since the OSP Administration gave approval in 2017.

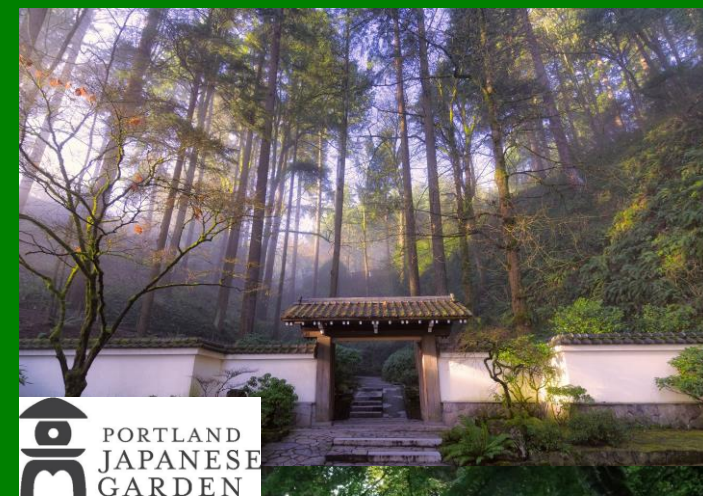
Trevor Walraven who is a former inmate of OSP and Lifer' Club President, shared about his personal experience with the difficulties of getting programs and ideas to fruition within the prison. He also spoke about his own road to redemption and journey of transformation. He was sentenced to life in prison as a minor and while incarcerated, earned his high school diploma and took college courses.

Hoichi Kurisu spoke about his experience meeting the team at OSP and how he felt inspired by their resilience and vision despite having everything taken away from them. He shared a story of his father helping to build a garden in an internment camp in Poston, Arizona during World War II. Hoichi has built healing gardens throughout the nation and feels that the OSP Prison Healing Garden is true to his company's values and his mission in life.

THE WILLAMETTE COLLEGIAN  
<http://willamettecollegian.com/main/help-grant-inmates-peace-by-healing-garden/>







## Hoichi Kurisu: From Deprivation Comes Inspiration

POSTED BY PORTLAND JAPANESE GARDEN ON MARCH 7, 2018

From deprivation comes inspiration. Of the many profound statements Hoichi Kurisu made during his February 15 lecture here at the Garden about the Japanese-inspired restorative landscape he is designing in cooperation with inmates and staff at the Oregon State Penitentiary, that may be the one that struck me most. There's a certain clarity gained from having everything taken away.

Those who came to Kurisu's lecture expecting a landscape design talk might have been surprised but surely not disappointed: it wasn't about the design, but about how the garden project has galvanized inmates, staff, family, and community activists – several of whom accompanied him at the lecture — for a project that will be the first of its kind. The power of landscapes to heal human wounds is a phenomenon recognized for millennia, from the ancient Greeks' temples of healing to the alpine tuberculosis clinics and beyond. But in recent times we've started to have a much broader understanding of what a landscape can restore to both body and spirit. We now see gardens created in unlikely places like homeless shelters, drug rehabilitation facilities, and of course, prisons. These are nothing other than an attempt to bring some sense of normalcy, health, stability, and positive energy to places sorely lacking in all those things. University of Oregon professor emeritus Kenneth Helphand called them 'defiant gardens' in his book of the same name — in such unlikely places as the battlefields of World War I, Palestinian refugee camps, the Warsaw ghetto, internment camps, the civil war-torn streets of Bogota. They have many names and places, but they're unified by one single idea: a garden isn't a luxury. It's a human essential and the ultimate embodiment of optimism and faith. It's a belief in the future and a connection to home.

Creating a garden at a maximum security facility is provocative: why should people who committed these violent crimes be gifted with a garden? In thinking about this question, I was reminded of a story from my hometown some years back: a woman who as a teen had violently murdered a child; the ultimate unforgivable crime. Years later in prison, it turned out she had an astonishing gift for training service dogs for the disabled. And somehow the mother of her victim found it in her heart to donate a dog to the training program in her daughter's memory, to be trained by her daughter's killer. From the worst possible place comes a belief that yes, through something beautiful and restorative, we can listen to the better angels of our nature.

From deprivation comes inspiration. These words were spoken by Hoichi Kurisu, whose magnificent work graces landscapes across this country and whose career has connected him to our garden for about half a century. Yet on that day he spoke to us not as a prolific and acclaimed landscape designer but as a member of a team: humbly telling the story of how a prison community can collaborate to make something we might well call a garden of redemption.

—Kristin Faurest, Director, International Japanese Garden Training Center



# 2018 Awards Banquet



## The Asian Pacific Family Club

Hosts a banquet each year to celebrate and give thanks to those that have supported and contributed to the club and it's programs. Family and friends of members join together for a delicious cultural dinner banquet.

This year was very special as we were honored and grateful to have many of the partners, donors, and advocates of the Healing Garden Project in attendance.



# how to donate now... online @

Easy to use "Click & Donate"

\*\* tax-deductible donation! \*\*

[nakasec.org/garden](http://nakasec.org/garden)

## mail in donations:

**OSP Asian Pacific Family Club**

**2605 State Street**

**Salem, Oregon 97310**

\*checks payable to:

**APFC/Memorial Healing Garden**

## contact us:

**Asian Pacific Family Club**

AIC ~ Toshio Takanobu, APFC President

AIC ~ Johnny Cofer, Garden Project Manager

Via email:

Club Staff Advisor: [Patrice.S.Lans@doc.state.or.us](mailto:Patrice.S.Lans@doc.state.or.us)

**Memorial Healing Garden**  
*Diminishing Boundaries  
&  
Overcoming Differences*

**At Oregon State Penitentiary**  
A project by the Asian Pacific Family Club  
and OSP Veterans Association

[nakasec.org/garden](http://nakasec.org/garden)  
[karnsaetang@gmail.com](mailto:karnsaetang@gmail.com)

